

Mikvah Blessings

Step 1: Say the first blessing

Barukh atah Ado-nai Elo-henu melekh ha'olam
asher kideshanu b'mitzvotav v'tzivanu
al ha'tevillah.

Step 2: Immerse

Step 3: Say the first blessing, again

Barukh atah Ado-nai Elo-henu melekh ha'olam
asher kideshanu b'mitzvotav v'tzivanu
al ha'tevillah.

Step 4: Immerse

Step 5: Say the final blessing

Baruch atah Adonai, Eloheinu Melech haolam,
shehecheyanu,
v'kiy'manu,
v'higianu
laz'man hazeh.